

## IF POSITIVE FOR COVID-19, STAY HOME

If you have a fever, cough or other symptoms, you might have COVID-19. In many cases, people have mild illness and are able to recover at home without having to visit the Emergency Department.

- Stay home except to get medical care.
- Take care of yourself. Get rest and stay hydrated. Take over-the-counter medicines, such as acetaminophen, to help you feel better.
- Stay in touch with your doctor. Call before you get medical care. Be sure to get care if you have trouble breathing, or have any other emergency warning signs, or if you think it is an emergency.

KNOW WHEN TO SEEK HELP  
OR STAY HOME TO RECOVER

# COVID-19

CLICK THIS BANNER FOR  
VIRUS, VACCINES, AND TESTING INFO

**THE COVID-19 HOTLINE IS AVAILABLE  
MONDAY-FRIDAY 8:30 AM-4:30 PM 208-455-5411**

## WHEN TO SEEK EMERGENCY CARE

Look for emergency warning signs\* for COVID-19.  
**If someone is showing any of these signs, seek emergency medical care immediately:**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone
- If you have an emergency warning sign (including trouble breathing), call 911.

**\*This list is not all possible symptoms.** Please call your medical provider for any other symptoms that are severe or concerning to you.

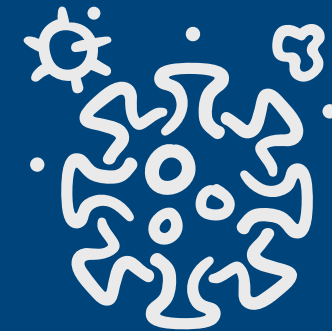




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# COVID-19

VIRUS, VACCINE, AND TESTING INFORMATION



**SHOULD I GO TO THE EMERGENCY DEPARTMENT (ED) IF I THINK I'VE BEEN EXPOSED TO COVID-19?**

NO, PEOPLE SHOULD NOT GO TO THE ED FOR COVID-19 TESTING WITHOUT SYMPTOMS.

**WHAT ARE THE MAJOR AND MINOR SYMPTOMS OF COVID-19?**

SOMETIMES IT CAN BE HARD TO TELL WHAT ARE MAJOR AND WHAT ARE MINOR SYMPTOMS, IF EXPERIENCING MILD SYMPTOMS IT IS NOT RECOMMENDED TO GO TO THE ED FOR TREATMENT. FOR MOST PEOPLE, RECOVERING AT HOME IS SUGGESTED.

**STILL UNSURE IF SYMPTOMS ARE MAJOR OR MINOR?**

WHEN IN DOUBT, CALL YOUR MEDICAL PROVIDER OR GO TO THE ED TO GET CHECKED OUT.

**WHEN TO GO TO THE ED:**

- DIFFICULTY BREATHING
- SHORTNESS OF BREATH AT REST
- SIGNIFICANT COUGH
- CONFUSION
- LIGHTHEADEDNESS
- CHEST PAIN
- LOW OXYGEN LEVELS
- DROWSINESS
- BLUE LIPS OR FACE
- UNABLE TO TOLERATE FLUIDS

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**EMERGENCY  
DEPARTMENT**  
main entrance